XIII MEETING ROMANA CALLIGARIS – 2017 XIII MEMORIAL ROMANA CALLIGARIS – 2017 VI MEMORIAL BIANCA LOKAR – 2017









Trieste, 13 - 14 May 2017

Rules

The A. S. D. Unione Sportiva Triestina Nuoto, in cooperation with Associazione Nazionale Atleti Olimpici e Azzurri d'Italia and with the Regional Committee of Friuli Venezia Giulia of the Italian Swimming Federation (F.I.N.), organizes the 13th edition of the Swimming Trophy "Romana Calligaris".

The meeting is open to all athletes who are registered for the season 2016/2017 with clubs associated to the F.I.N. or C.I.P., or international clubs which are affiliated to L.E.N. or F.I.N.A. The meeting will be held on **Saturday, May 13th and Sunday May 14th** at the Natatorium "Bruno Bianchi" in Trieste, ITALY, Passeggio S. Andrea, 8 (tel. +39 040 306580). The competition will be held in the indoor Olympic swimming pool (base 50 meters), using 10 lanes. The timing and the scores will be kept through automatic electronic system.

All races will admit only one valid start.

The Trophy will be divided in **two different events**:

- 1. 6th Memorial Bianca Lokar reserved to the younger swimmers, which belong to the Italian-defined categories *Esordienti A and Esordienti B* (*)
- 2. 13th Memorial Romana Calligaris reserved to the Italian-defined categories Ragazzi and Assoluti (*)

(*) More details about the related age groups can be found further down, in the sections specific to each event.

PROGRAM OF THE COMPETITION:

SATURDAY MAY 13TH, 2017

Afternoon (warm-up from 13.00 – races begin at 13.45) 400m MEDLEY, F & M (Rag - Ass) 50m BUTTERFLY, F & M (Rag - Ass), plus C.I.P. athletes 50m BACK, F & M (Rag - Ass), plus C.I.P. athletes 50m BREAST, F & M (Rag - Ass), plus C.I.P. athletes 50m FREE, F & M (Rag - Ass), plus C.I.P. athletes 200m BACK, F & M (Rag - Ass) 200m BUTTERFLY, F & M (Rag - Ass) 200m FREE, M only (Rag - Ass)

SUNDAY MAY 14TH, 2017

Morning (warm-up from 08.00 – races begin at 08.45) 800m FREE, F (Rag - Ass) – best 20 times will be admitted 1500m FREE, M (Rag - Ass) – best 20 times will be admitted 100m BACK, F & M (Esordienti A e B – Rag - Ass) 200m BREAST, F & M (Rag - Ass) 200m MEDLEY, F & M (Esordienti A e B – Rag - Ass)

Afternoon (warm-up from 13.15 – races begin at 14.00)400m FREE,F (Rag - Ass)100m BUTTERFLY, F & M (Esordienti A e B – Rag – Ass)100m BREAST,F & M (Esordienti A e B – Rag - Ass)100m FREE,F & M (Esordienti A e B – Rag - Ass)8 x 50m FREE MEGA-RELAY, composed of: 2 EsoA F + 2 EsoB M + 2 EsoB F + 2 EsoB M. The sequence of the starts is open.

Registrations

The **registrations** can be made on-line via the web-site <u>www.natatoria.com</u> and will be valid until May 5th, 2017. **After such date the organizers will not accept any changes.** To guarantee the smooth running of the meeting the organizers reserve themselves the right to close the registrations, to either the single even or to the whole Trophy, before the dead-line expires.

A.D.U.S. TRIESTINA NUOTO Passeggio S. Andrea 8 - 34100 Trieste Tel. 040-306580 Fax 040-306580 e-mail: triestinameeting@gmail.com WEB: www.triestinanuoto.com (Secretariat cell: +39-3400541546)

Only the non-Italian Clubs can use the Excel software, which can be requested to the Secretariat of USTN, and which must be sent back FULLY COMPLETED, following the instructions, by May 2^{nd} , 2017.

The coaches are kindly requested to report in the registration form the times obtained by the athletes in the shortcourse competitions (25 meter pool) during the current season.

Registrations to the races will be accepted only upon full payment of the related **race-fees**. The payments can be made via bank-transfers to:

A.D.U.S. TRIESTINA NUOTO B.C.C. DI STARANZANO E VILLESSE IBAN : IT55Q 08877 02202 000000343034 CODICE BIC: ICRAITRROD0

A bank cheque in the name of ADUS Triestina Nuoto can also be accepted. A copy of the bank transfer will have to be submitted to the lender.

Scores and Classification

Two separate rankings, by Clubs, will be kept, one for each of the two Memorials, by adding the following individual points for each race and for each category: 9 points to the winner, 7 to the second place, 6 to the third, and so on till the eighth place with 1 point. For the relays the points will be doubled.

For those athletes (*this rule applies only to Italian citizens*) who are affiliated <u>also</u> to a military club, they will have to declare, in advance, to which one of the two clubs the points shall be assigned.

Granted that every club can register an unlimited number of athletes per event, the points will however be assigned only to the best two classified per club and per category.

The mega-relay is limited to one team per each club.

At the end of the Memorial, in case two (or more) teams end up with the same number of points, the club with the highest number of individual first-places will prevail.

The results of the races will be available on line, in real time, by clicking on <u>www.natatoria.com</u>

Triestina Nuoto declines any responsibility deriving from the organization of the meeting before, during or after the event is taking place. For whatever not included in the present Rules the general regulations issued by the Italian Swimming Federation (F.I.N.) will apply.

VI MEMORIAL BIANCA LOKAR – 2017

The competition is restricted to the younger athletes, "**Esordienti A & B**" (100m for each stroke and 200m individual medley). The mega-relay will be altogether (see below).

The individual results and awards will be divided in four groups: Esordienti B: Girls born 2007 & 2008 and Boys 2006 & 2007 Esordienti A: Girls 2005 & 2006 and Boys 2004 & 2005

Every club can register an **unlimited number** of athletes. Every athlete can compete to a **maximum of 4 races**. The organizing committee reserves itself the right to modify the program and **close the registrations in advance, race by race or for the whole event**, on the basis of the number of registrations received and the schedule of events per each session. In any case all participating teams will be informed well in advance of any related changes.

The races will be divided **in series** (no finals) between boys and girls, based on the registration times per each race. The girls will always race before the boys, and the start will be given with the previously arriving athletes still in the water.

The mega-relay will have all categories competing together, and will have to be compulsorily composed of: 2 EsoA F + 2 EsoA M + 2 EsoB F + 2 EsoB M. The sequence of the starts is open. Each club can register only one relay team. At the time of the registration it will be enough to write the names of four of the eight athletes.

The race fees for the individual races are 7,00 Euros per athlete/per race; for the mega-relay the fee is 15,00 Euros.

XIII MEMORIAL ROMANA CALLIGARIS – 2017

The competition is restricted to the categories "Ragazzi and Assoluti".

The individual results and awards will be given separately for each category: **Ragazzi**: Girls born 2003-2004 and Boys 2001-2002-2003 **Assoluti (Jun, Cad, Sen)**: Girls 2002 and older and Boys 2000 and older

Every club can register an **unlimited number** of athletes. Every athlete can compete to a **maximum of 6 races** over the two days of competition.

For the Girls' 800m and the Boys' 1500m races the number of participants will be capped to the best 20 times per race, as indicated in the registration sheet, which must have been obtained at official short-course events (base 25m) during the current 2016-2017 season (in Italy it started in September 2016). For these two races only, there will be no separation of categories. For those who registered but are not being able to participate to this race (over the limit of 20) the organizing committee may propose to the athlete to participate to an alternative race, which will be communicated in advance, via e-mail, to the related club.

The organizing committee reserves itself the right to modify the program and **close the registrations in advance, race by race or for the whole event**, on the basis of the number of registrations received and the schedule of events per each session. In any case all participating teams will be informed well in advance of any related changes.

The races will be divided **in series** (no finals) between boys and girls, based on the registration times per each race. The girls will always race before the boys, and the start will be given with the previously arriving athletes still in the water.

The race fees are 7,00 Euros per athlete/per race.

AWARDS

- To the club winner of the **XIII Memorial Romana Calligaris**, will be given a copy of the **Trophy Romana Calligaris**. The clubs from 2nd to 5th place will receive various awards.
- Monetary awards will be presented to the **head-coaches** of the first three clubs in the final ranking of the XIII Memorial Romana Calligaris: 300€ to the first, 200€ to the second e 100€ to the third.
- To the club winner of the **VI Memorial Bianca Lokar**, will be given the **Trophy Bianca Lokar**. The clubs from 2nd to 5th place will receive various awards.
- A special award as best performance at the event will be given to the athletes, boys and girls, for each category, who will reach the highest score as per the **FINA official timing table**.
- Each race, for each category, will have gold, silver and bronze medals been presented to the best three performers.
- The girl who will win the 400m freestyle will receive the plaque **Romana Calligaris**, to honor our former champion.